Biography

Princess Denmon is a California native who currently resides in Long Beach California. She takes pride in being the mother of her two beautiful children Cha'san and Maiyanah Haynes. She fully embraces her purpose in life to help change the world one person at a time by using every gift in her arsenal.

Princess Denmon is a woman who uniquely carries the love of all mankind in the infectiousness of her smile. Because of her heart’s desire to see transformation and restoration manifest in the lives of others in 2017 Princess started I Press On Inc. (IPO) is a nonprofit organization commissioned to empower persons to overcome life's traumas, uncertainties, and disappointments by renewing their heart, mind, body and soul.

Most recently in 2021 Princess merged her passion for health with wellness and co-founded Poured Out Virtue. (POV) is a ministry dedicated to servicing the community in an holistic approach to better physical, spiritual and overall health. In between these two loves Princess travels as a guest motivational and inspirational speaker. As a teacher of the word she also utilizes her time and talents to serve the disenfranchised housed in organizations such as the Red Gate Rehab Center, Orange County Woman's Jail, and Salvation Army Bridge Program. Princess believes that by staying in the race of faith and pressing on toward your God giving purpose you will win.